

# Spiritual Conversations Guide

It's never been less awkward to give someone a call (even if you haven't reached out in a while), and that means it's never been easier to share the gospel! We believe that the Lord is going to save many people in this season, and we're praying that this guide helps you transition everyday conversations into spiritual ones.

## 1. Call

→ Reach out to a friend, neighbor, coworker, or family member.

## 2. Check In

→ Ask how they're holding up in the middle of all that's going on.

## 3. Grieve

→ Normalize what they're feeling during this difficult time.

## 4. Transition

→ Ask a question or transition like this:

- "Can I share a story that's been giving me a lot of hope and peace lately?"
- "Can I share with you what I remember when I get anxious?"
- "That reminds of a story I was reading with my friends..."
- "That reminds me of one of my favorite stories about Jesus..."

## 5. Share

→ Tell a story about Jesus and explain why you can have peace.

*Here's an example from Mark 4:35–41: Jesus had been standing along the sea teaching the crowds for a long time. He finished late in the day, and He*

*and His disciples decided to get in the boat and cross the sea to the other side. As they were going along, a huge storm came up. The waves were so high that they were crashing into the boat and filling it up with water. Jesus was so tired from the day that while this was happening, He was sound asleep on a cushion in the back of the boat. His disciples were in a huge panic, and they came and woke Him and shouted, "Teacher, don't you care that we're going to drown?" Jesus replied, "Why are you afraid? Why is your faith so small?" Then He stood up and spoke directly to the storm. He rebuked the wind and said to the sea, "Peace! Be still!" Immediately the winds stopped and the waves settled. The whole lake was perfectly calm. His disciples were amazed, and they said to each other "Who is this man? Even the wind and the waves obey Him!" It helps me to remember that Jesus is always with us and in control.*

## 6. Ask

→ When you've finished telling the story, ask them what they think about it.

## 7. Invite

→ After discussing the story, offer to study the Bible with them via Zoom or Google Hangouts. Ask them if they know anyone else who would like to join.

## 8. Study

→ If they accept your offer, begin exploring passages with them that address fear, anxiety, and worry. Check out [this guide](#) to see what this kind of discipleship looks like.

Want to see this done in real life? Watch [this video](#). Stuck or need help? Reach out to our [Sending team](#).