

# Prayer Walking

A strategic guide for interceding over your neighborhood, your city, and the people God has placed around you.

Prayer walking is often described as "praying on-site with insight." Rather than interceding for a community strictly from within the walls of a church or the comfort of your own home, you put on your walking shoes and bring your physical presence directly onto the streets, sidewalks, and campuses where life happens. It is an intentional way to engage your natural senses, which can inform your spiritual senses and invite the presence of God to reshape an area.

- **Pray with Eyes Wide Open** - Start your walk by asking God what He wants to show you today.
- **Walk in Pairs** - Not only does this build community, but interceding with a partner provides protection and focus.
- **Establish a Consistent Path** - Pick a specific route and commit to walking it regularly over an extended season. Think of this as weeding and tilling the spiritual soil.
- **Be Alert for Divine Appointments** - Always remain ready to transition from talking to God about your neighbors to talking with your neighbors about God.

## The 5 H's Framework

### Open Heaven

Begin by looking upward. This step establishes the spiritual climate, asking God to break through invisible barriers, pour out tangible blessings, and manifest His presence so clearly that neighbors recognize it is coming from the Father.

### Open Highways

Next, you pray forward. This step looks at the movement of the gospel, asking God to clear out structural, cultural, or socio-economic roadblocks so that ministries can expand.

### Open Hearts

As the spiritual climate shifts, you pray inward. You ask the Holy Spirit to soften attitudes, remove spiritual blindness, and cultivate an absolute hunger for the gospel within the individuals living behind those doors.

### Open Hands

Lastly, you pray outward into action. This is the execution phase of the walk, asking God to reveal to local believers exactly how to step out in faith to serve, give, and practically function as the hands and feet of Jesus in our city.

### Open Homes

You then pray outward into the structural units of the community. This step shifts the focus to families, praying that entire households experience salvation, unity, and transformation, turning individual residences into centers of hospitality and faith.

